

THE HEALTHY BODIES STUDY

UNIVERSITY OF ARIZONA CUSTOM ITEM DATA REPORT

MEASURE	RESPONSE CATEGORY	ALL STUDENTS	95% CI (lower bound)	95% CI (upper bound)	FEMALES	MALES
How much do you agree or disagree with the following statement?: I feel that my body image/size is reflective of my health.	Strongly agree	24%	21%	27%	23%	25%
	Agree	57%	53%	60%	57%	56%
	Neither agree nor disagree	10%	8%	12%	11%	9%
	Disagree	8%	6%	10%	8%	8%
	Strongly disagree	2%	1%	3%	1%	3%
Please indicate how well each statement describes you: I exercised at the sacrifice of other valued activities or relationships.	Very like me	6%	3%	9%	6%	5%
	Like me	13%	9%	17%	16%	10%
	Somewhat like me	21%	16%	26%	23%	18%
	Not like me	60%	54%	67%	55%	67%
Over the past 28 DAYS, to what extent have your eating habits, exercising, or feelings about your eating, shape or weight caused you to seek medical care?	Not at all	68%	53%	82%	69%	68%
	A little	12%	3%	21%	11%	0%
	Quite a bit	8%	0%	17%	6%	32%
	A lot	12%	1%	22%	13%	0%
How often do you typically avoid a food due to the amount of calories it has?	Always	6%	5%	8%	8%	4%
	Usually	16%	13%	18%	21%	10%
	Sometimes	32%	29%	35%	36%	29%
	Rarely	20%	17%	22%	19%	21%
	Never	26%	23%	29%	17%	36%
At University of Arizona, I feel frustrated/overwhelmed by the emphasis that marketing and media place on your body image and size.	Strongly agree	15%	13%	17%	21%	7%
	Agree	24%	21%	27%	29%	19%
	Neither agree nor disagree	35%	32%	38%	33%	38%
	Disagree	20%	17%	22%	14%	26%
	Strongly disagree	6%	5%	8%	3%	10%
At University of Arizona, I feel like there are spaces/clubs/groups/organizations on campus that support alternative body images.	Strongly agree	8%	6%	10%	9%	7%
	Agree	21%	19%	24%	27%	16%
	Neither agree nor disagree	57%	54%	60%	49%	66%
	Disagree	11%	9%	13%	11%	10%
	Strongly	3%	2%	4%	4%	2%

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	disagree					
Please indicate how true you believe the following statement to be: I believe that others judge my appearance.	Completely true	24%	21%	26%	31%	16%
	Mostly true	30%	27%	33%	29%	30%
	Somewhat true	34%	30%	37%	32%	35%
	Not true	13%	11%	15%	8%	19%
How many times in the past year did you feel targeted, (you were made fun of or someone made mean remarks) in terms of your body image, via a social media interaction (i.e. Facebook, twitter, etc.)?	0	85%	82%	87%	82%	87%
	1-3	8%	6%	10%	9%	7%
	4-6	1%	0%	2%	2%	1%
	7-10	1%	0%	1%	1%	1%
	>10	1%	0%	1%	0%	1%
	I'm not on social media sites.	5%	4%	6%	6%	4%
Over the last 12 months, were you touched in the breast, buttocks, or genital area by anyone in an unwanted way?	Yes	30%	20%	41%	35%	16%



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